River City Athletics Schedule

July- August 2024

Under 5 Programs	Fee Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Early Learning Sport Academy 3 hours Ages 3-5	Daily Reg	9:00am,	9:00am,	9:00am,	9:00am,	9:00am
Kinder Ninja 1 hour Ages 3-5	8 wk Session	3:15 pm, 4:30 pm	3:15pm	3:15 pm		

Parkour Programs Ages 6 - Adult	Fee Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Intro to Parkour 1 hour Ages 5 & 6	8 wk Session		3:30pm	3:30pm	3:30pm	
Recreational Parkour 1.5 hours Ages 6 - 12	Daily Reg \$20/class		3:30pm	3:30pm	3:30pm	
Advanced Recreational Parkour 1.5 hours Ages 10+	Unlimited Monthly \$150		4:30pm	4:30pm	4:30pm	
Teen & Adult Parkour 1 hr instructed. 30 min open Age 13+	Drop In \$5	Check	Instagram	For	Dates	
Parkour Team 2 hours Invite Only	Unlimited Monthly \$150		4:30pm	4:30pm	4:30pm	

Gymnastics Programs Ages 5 - 13	Fee Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
Recreational Gymnastics 1 hour Ages 5-7	8 wk Session	3:15pm	3:15pm	3:15pm	3:15pm	
Recreational Gymnastics 2 hours Ages 6 - 13	Unlimited Monthly \$150	3:30pm	3:30pm	3:30pm	4:30pm	
Tumbling / Acro Skills Workshop Ages 8+ July 9,16,23,30 Aug 6,13,20,27	Pre Reg \$20/class		4:00- 5:30pm			

- Daily Reg Must register + pay at least 24hrs in advance
- 8 wk session Choose 1 time to come for 8 weeks
- <u>Unlimited</u> Come as many times a week as you want at listed times.

Pre registration requested. Daily limits will vary based on coaching staff availability.