Each athlete is required to bring:

- Leak-proof water bottle FULL
- Clean athletic attire already on (change rooms closed until further notice)
- · Long hair tied back
- Personal leak proof hand Sanitizer bottle
- Parkour athletes bring clean indoor runners (optional)
- Nut-Free healthy snack (half day camp athletes)
- Nut -Free healthy snack (x2) + lunch (full day athletes)
 - Siblings must have separate snack/lunch bags
- Age 3-5 program please send clean extra change of clothing in a sealed ziploc bag.

NOTE: Please do not send extra items. Clearly label all items. Items left behind may not be stored due to COVID policies.

Drop Off & Pick Up details

In effect June 6 2020 – September 3, 2020

Drop Off:

- *additional parking during drop off will be beside the gym.
- * Staff will begin allowing athletes in the facility at 8:45am. Please do not arrive earlier to eliminate group congregation.
 - 1. Please ensure you have completed all the required registration forms and emailed them to River City Athletics prior to the first day of programming.
 - 2. Only 10 families will be allowed in the drop off line up at one time. If there are already 10 families in line please wait in your vehicle until the line shortens.
 - 3. Please follow all posted signs outside the front entrance door to River City Athletics.
 - 4. Children are required to be individually screened by a River City staff member prior to entry. You will be asked COVID screening questions and will be required to sign off on your answers prior to departing. Athletes CAN NOT be dropped off without our staff member acquiring a parent or guardian signature on our required Daily Screen Checklist.
 - 5. Parents are not permitted in the building until restrictions are loosened.

Pick Up:

- 1. Drive along the North side of the building (left beside Fastenal) to the back of the building. Turn right to drive behind the building and towards the South side of the building.
- 2. Form a line up at the indicated WAIT HERE sign. River City will have 10 pick up spots available at one time. If each spot is taken, please wait at the WAIT HERE sign for an available space.
- 3. Once you pull into the numbered parking space, please text our pick up line: 778-220-8943
- 4. Please remain in your vehicle. One of our staff members will safely escort your child along with their belongings to your vehicle to transfer care.
- 5. Please exit your pick up spot promptly.

NOTE: Any questions or comments you have for our staff please email them to our front desk and we will get back to you asap.